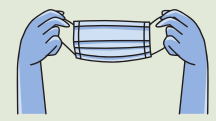


CLACKAMAS COUNTY

COVID-19

Information & Resources

STAY SAFE + SLOW THE SPREAD



Wear a face covering.



Stay at least six feet apart from people you do not live with.



Wash hands often.



Cover coughs and sneezes.

COMMON SYMPTOMS INCLUDE



Fever



Chills



Cough



Shortness of breath or difficulty breathing



Fatigue



Muscle or body aches



Headache



New loss of taste or smell



Sore throat



Congestion or runny nose



Nausea or vomiting



Diarrhea

If you are feeling sick:

- Stay home and contact your healthcare provider or a local Urgent Health Clinic.
- If you feel sick in public, **return home, self-isolate, & call a healthcare provider.**
- *If you are at risk for severe complications (older than age 65 or have medical conditions) you should stay home, even if you feel well.*

If you have been impacted by COVID-19:

You might qualify for rent assistance, financial assistance for utilities, food, and other basic needs.

Visit <https://www.clackamas.us/coronavirus/resources> for Clackamas community resources related to housing, mental health, unemployment, and child/family services.

*If you are an **undocumented worker** and test positive, go to <https://workerrelief.org/find-a-navigator/> to see if you qualify for direct cash assistance.

TESTING LOCATIONS Clackamas County

*Plan to call a testing site before going to confirm hours/days of operation and protocols for arriving.

healthoregon.org/covid19testing

healthoregon.org/pruebasdecovid19 (Spanish)

American Family Center (Urgent Care)

- Lake Oswego: (503) 850-2387 | Oregon City: (503) 966-2757

Clackamas County Health Centers

- (503) 655-8471

Kaiser Permanente

- (503) 813-2000

Legacy GoHealth

- Lake Oswego: (503) 676-3748 | Oregon City: (503) 305-6159

Neighborhood HealthCenter

- Milwaukie: (503) 416-1960 | Oregon City: (503) 656-9030

Providence ExpressCare, Kruse Way

- (888) 227-3312

Rite Aid

- Canby: (503) 266-6381 | Oregon City: (503) 656-1020

Virginia Garcia

- (503) 214-1668

Zoom+Care

- Clackamas: (503) 684-8252



If you have been impacted by COVID, contact Unite Oregon for more information:

English: manjeet@uniteoregon.org (503) 287-4117 Ext. 113

Spanish: citlali@uniteoregon.org (503) 287-4117 Ext. 113

Other interpretation needs upon request.